

Kekaha Senior Citizens - October 2017

8130 ELEPAIO ROAD

(808)337-1671

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Enhance Fitness 8am-9am	3 Assembly 9am-11am Crafts KEO Nutrition 11am-12pm	4 Enhance Fitness 8am-9am Japanese Culture 9am-11am KEO Nutrition 11am-12pm	5 Exercise with Martha 8am-9am Kokua Craft 9am-11am KEO Nutrition 11am-12pm	6 Enhance Fitness 8am-9am
9 Enhance Fitness 8am-9am SHOPPING	10 Assembly 9am-11am KEO Nutrition 11am-12pm	11 Enhance Fitness 8am-9am Japanese Culture 9am-11am KEO Nutrition 11am-12pm	12 Exercise with Martha 8am-9am Kokua Craft 9am-11am KEO Nutrition 11am-12pm	13 Enhance Fitness 8am-9am
16 Enhance Fitness 8am-9am	17 Assembly 9am-11am Pretzel Making KEO Nutrition 11am-12pm	18 Enhance Fitness - 8am-9am Japanese Culture 9am-11am KEO Nutrition 11am-12pm	19 Exercise with Martha 8am-9am OUTREACH Kauai Adult Day Care Longs - Kukui Grove Food Bank	20 Enhance Fitness 8am-9am
23 Enhance Fitness 8am-9am	24 Assembly 8am-9am KEO Nutrition 11am-12pm	25 Enhance Fitness-8am-9am Japanese Culture 9am-11am KEO Nutrition 11am-12pm	26 Exercise with Martha 8am-9am Kokua Craft 9am-11am KEO Nutrition 11am-12pm	27 Enhance Fitness 8am-9am
30 Enhance Fitness 8am-9am	31 Assembly 8am-9am KEO Nutrition 11am-12pm			